

Dealing with the worries



Books about Anxiety

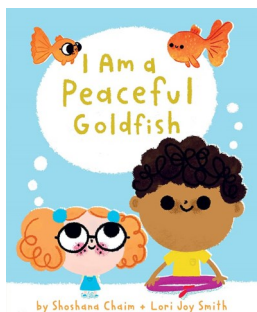
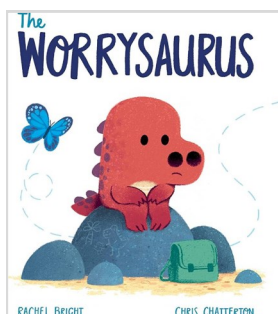
The Worrysaurus by Rachel Bright (E Bright, R)

When My Worries Get Too Big

by Kari Dunn Buron
(E Parents Buron, K)

I am a Peaceful Goldfish

by Shoshana Chaim
(E Parents Chaim, S)



Anxious Andy by Adam Ciccio
(E Parents Ciccio, A)

Catching Thoughts by Bonnie Clark
(E Parents Clark, B)

Llama Llama Misses Mama
by Anna Dewdney (E Dewdney, A)

When Sadness is at Your Door by Eva Eland (E Eland, E)

Don't Worry, Little Crab

by Chris Haughton
(E Haughton, C)

Wemberly Worried

by Kevin Henkes (E Henkes, K)

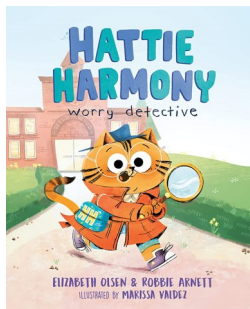
What if, Pig? by Linzie Hunter

(E Hunter, L)

My Monster and Me by Nadiya Hussain

(E Parents Hussain, N)

Donut Worry by Christianne C. Jones (E Jones, C)



Hattie Harmony: Worry Detective
by Elizabeth Olsen & Robbie Arnett
(E Parents Olsen, E)

The Don't Worry Book

by Todd Parr (E Parr, T)

The Kissing Hand by Audrey Penn

(E Penn, A)

Ruby Finds a Worry by Tom Percival

(E Parents Percival, T)

The Girl Who Never Made Mistakes

by Mark Pett (E Parents Pett, M)

I Used to Be Afraid

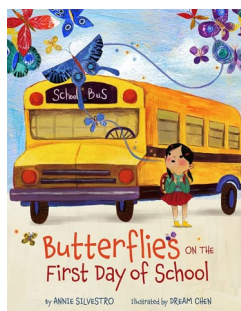
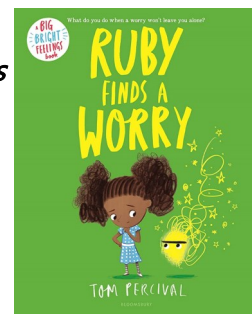
by Laura Vaccaro Seeger
(E Seeger, L)

Butterflies on the First Day of School

(E Silvestro, A)

When I Feel Worried by Cornelia Spelman

(E Spelman, C)



What Do You Do With a Problem?

by Kobi Yamada
(E Yamada, K)

Jack's Worry by Sam Zuppardi
(E Zuppardi, S)

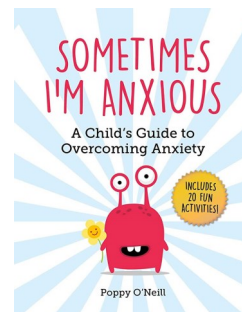
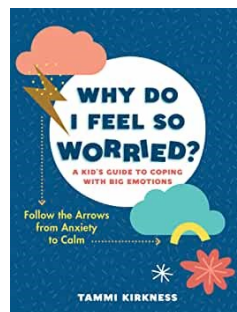
Why Do I Feel So Worried?

by Tammi Kirkness (j 152.46 K596w)

Sometimes I'm Anxious by Poppy O'Neill
(j 152.46 O587a)

Feeling Nervous by Amber Bullis

(j 155.4 B875n)



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