

Other Resources:

NATIONAL SUICIDE PREVENTION LIFELINE
(800) 273-8255
24/7 free and confidential support for
people in suicidal crisis or emotional
distress.

24/7 CRISIS TEXT LINE
TEXT MHA TO 741741
A free 24/7 emotional support text line.

THE TREVOR PROJECT
LIFELINE: (866) 488-7386 OR
TEXT: TREVOR TO 1(202) 304-1200
National organization providing crisis
intervention and suicide prevention service
to gay, lesbian, bisexual, transgender and
questioning youth.

LGBT NATIONAL HELP CENTER
(888) 843-4564
Safe place for youth and adults to discuss
issues of sexual orientation and/or gender
identity. Youth talkline, online chat, largest
collection of LGBT resources

TO WRITE LOVE ON HER ARMS
(800) 273-8255
Dedicated to presenting hope and finding
help for people struggling with depression,
addiction, self-injury and suicide.

Plymouth CIT Officers:

Ofc. L. Baumhardt -
lbaumhardt@wiplymouthpd.com
Ofc. T. Dieringer -
tdieringer@wiplymouthpd.com
Lt. K. Beckford -
kbeckford@wiplymouthpd.com



Officers can be reached in a
non-emergency by calling
920-893-6541

**24 HOUR CRISIS
RESPONSE
920-459-3151**

**For immediate help with a
mental health crisis,
contact the mobile crisis
team number above for an
emergency mental health
evaluation. If you are
experiencing an emergency,
please call 9-1-1.**



Plymouth Police
Department
Crisis Intervention



Plymouth Police Department Crisis Intervention Team

The Plymouth Police Department currently has three patrol officers who have completed the Community Crisis Intervention Team training. The skills developed through this training enable officers to:

- Have a better understanding of what the citizen is going through so they can better serve them
- Reduce the number of calls involving the individual by use of proper placement
- Assist them by looking deeper into the underlying cause(s) of the current situation rather than responding from the traditional law enforcement perspective
- Reduce injuries to both the officer and the individual
- Educate the citizen or caretakers of local resources
- Assist in creating a safety plan

A sampling of the topics covered during CIT training are:

Major Mental Illnesses/Issues

- Schizophrenia
- Depression
- Bipolar Disorder
- OCD
- Anxiety
- PTSD
- Personality Disorders

Mental Health Consumer Issues

- Mental Illness in the Elderly & Aging
- Consumer Perspectives & L.E. Contacts
- CD/DD/Autism
- Psychiatric Medication
- Clients Rights
- Diversity
- Children & Adolescents w/ Mental Illness
- Persons with a Dual Diagnosis

Law Enforcement Specific Issues

- Suicide Risk Assessment
- Trauma Informed Care
- Excited Delirium
- Principles of De-escalation
- Legal Processes
- State & County Systems of Care
- Probation & Alternative Sentencing

24 HOUR CRISIS RESPONSE 920-459-3151

For immediate help with a mental health crisis, contact the mobile crisis team number above for an emergency mental health evaluation.

If you are experiencing an emergency, please call 9-1-1.

*AURORA MEMORIAL MEDICAL CENTER
(920) 451-5000
2629 N 7TH ST,
SHEBOYGAN, WI 53083

*Please note Aurora has an inpatient behavioral health unit.

HSHS ST. NICHOLAS HOSPITAL
(920) 459-8300
3100 SUPERIOR AVE,
SHEBOYGAN, WI 53081

Individuals struggling with a mental health emergency are always encouraged to present themselves at the nearest hospital.